

Dr! Dr! PLAYSET TUTORIAL



☆☆☆
LEVEL
Intermediate

Make your own stuffed doctor kit
and play away all day!



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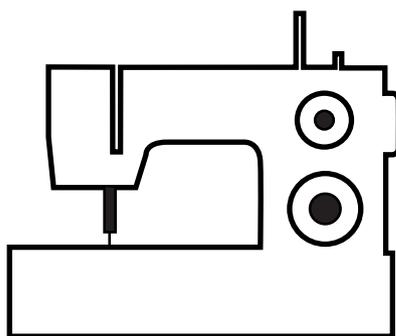
THINGS WE NEED



cotton 50 X 50cm
not too heavy so you can
trace things, old bedlinen
might do the trick!
white felt or thick
paper 50 X 50 cm

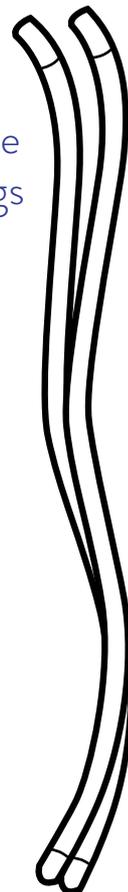


textile markers

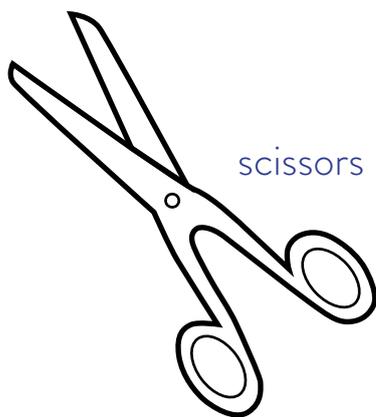


sewing machine

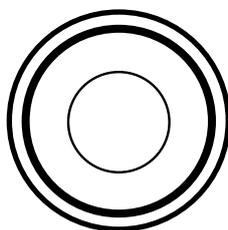
2 shoe
strings



needle
&
thread



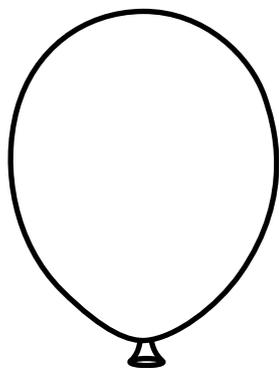
scissors



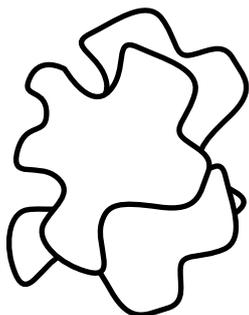
lid of a
(empty) jar



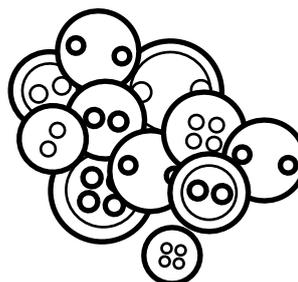
10 cm
velcro



1 balloon



fybrefill
or cotton filling



17 buttons

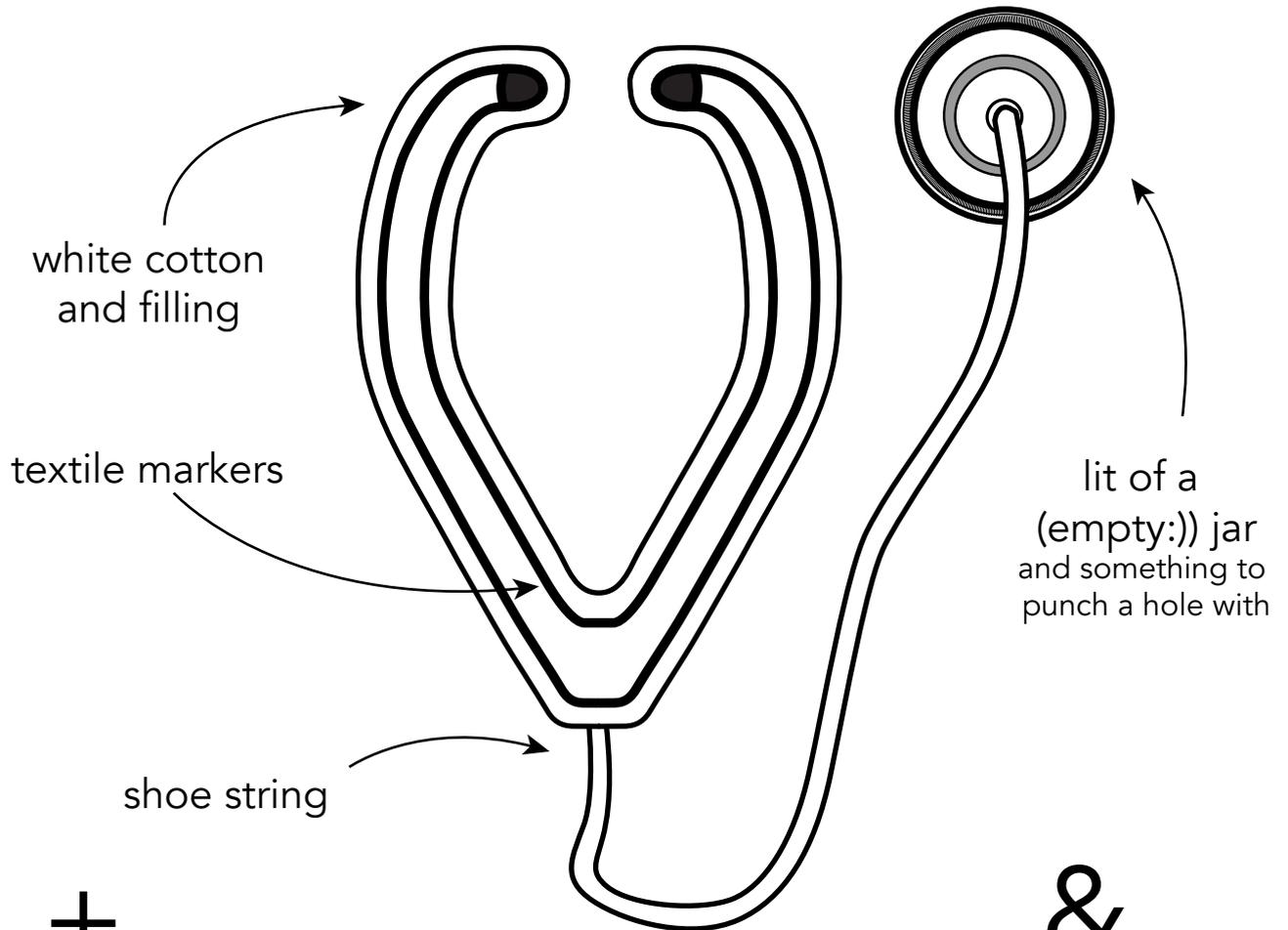


happy
thoughts

Let's make a stethoscope!

1

Things we need:

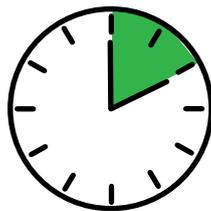


+

print the
next page
for real size
pattern

&

needles + thread
sewing machine
scissors
happy thoughts 😊



about 2 hours
of outrageous fun!

2

trace thick lines with textile marker

PRINT THIS PAGE
(don't scale)

3

trace outline with pencil
(do NOT trace dotted line)

4

repeat 2+3

5

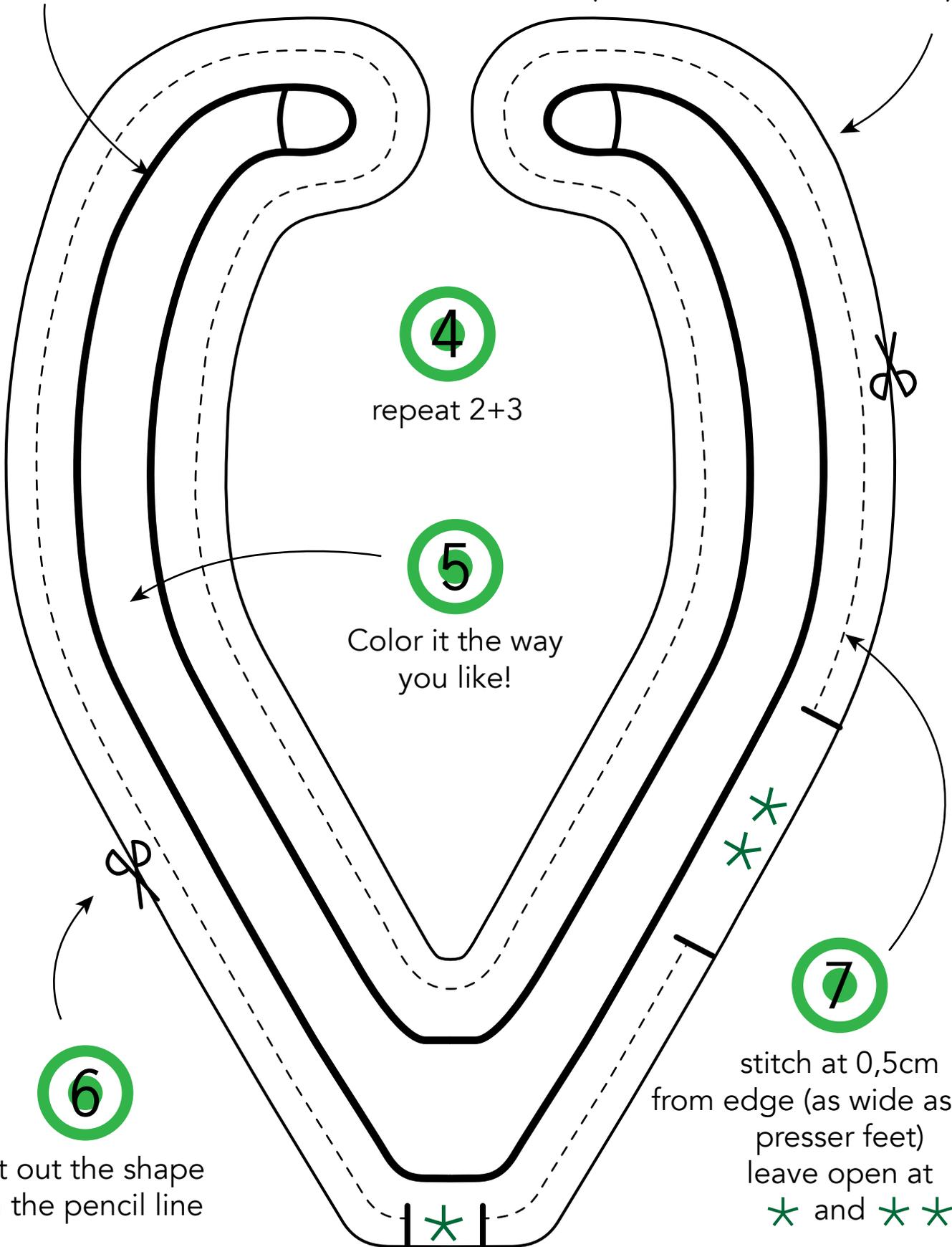
Color it the way you like!

6

cut out the shape on the pencil line

7

stitch at 0,5cm from edge (as wide as most presser feet)
leave open at * and **



8

turn inside out
(knitting needles can help you
out here)

9

fill it up nice and tight
(again knitting needles can help
you out here)

10

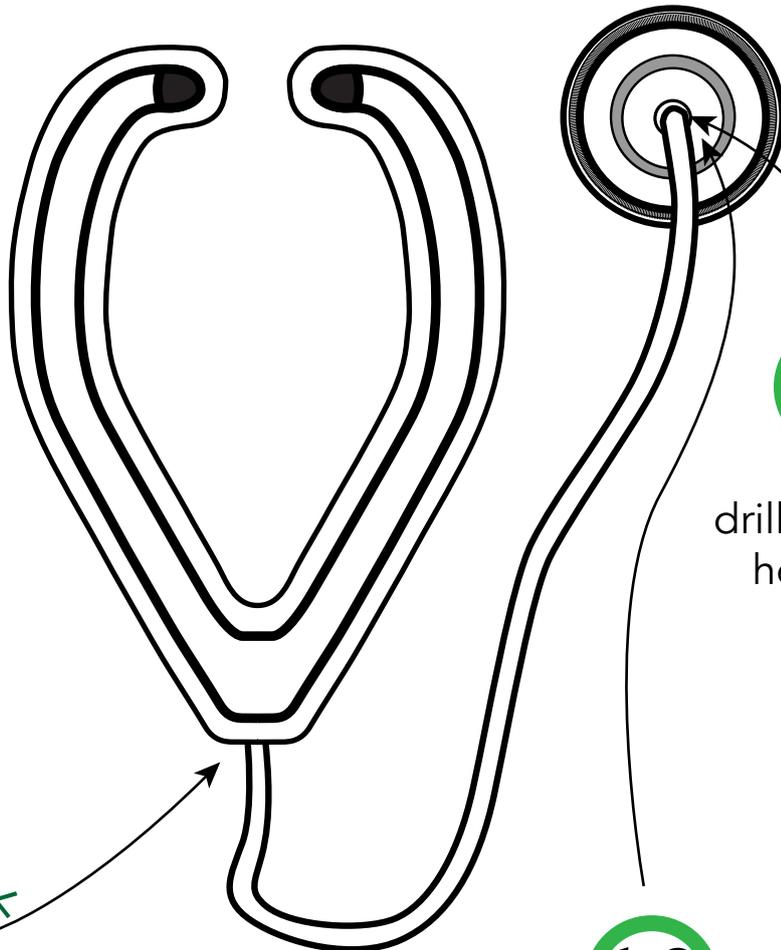
close up * *
by hand

11

put shoestring in at *
and close by hand

14

YOU ARE DONE!
WOHOOO!



12

drill or punch
hole in lit

13

pull shoestring through hole in
lit and make a knot

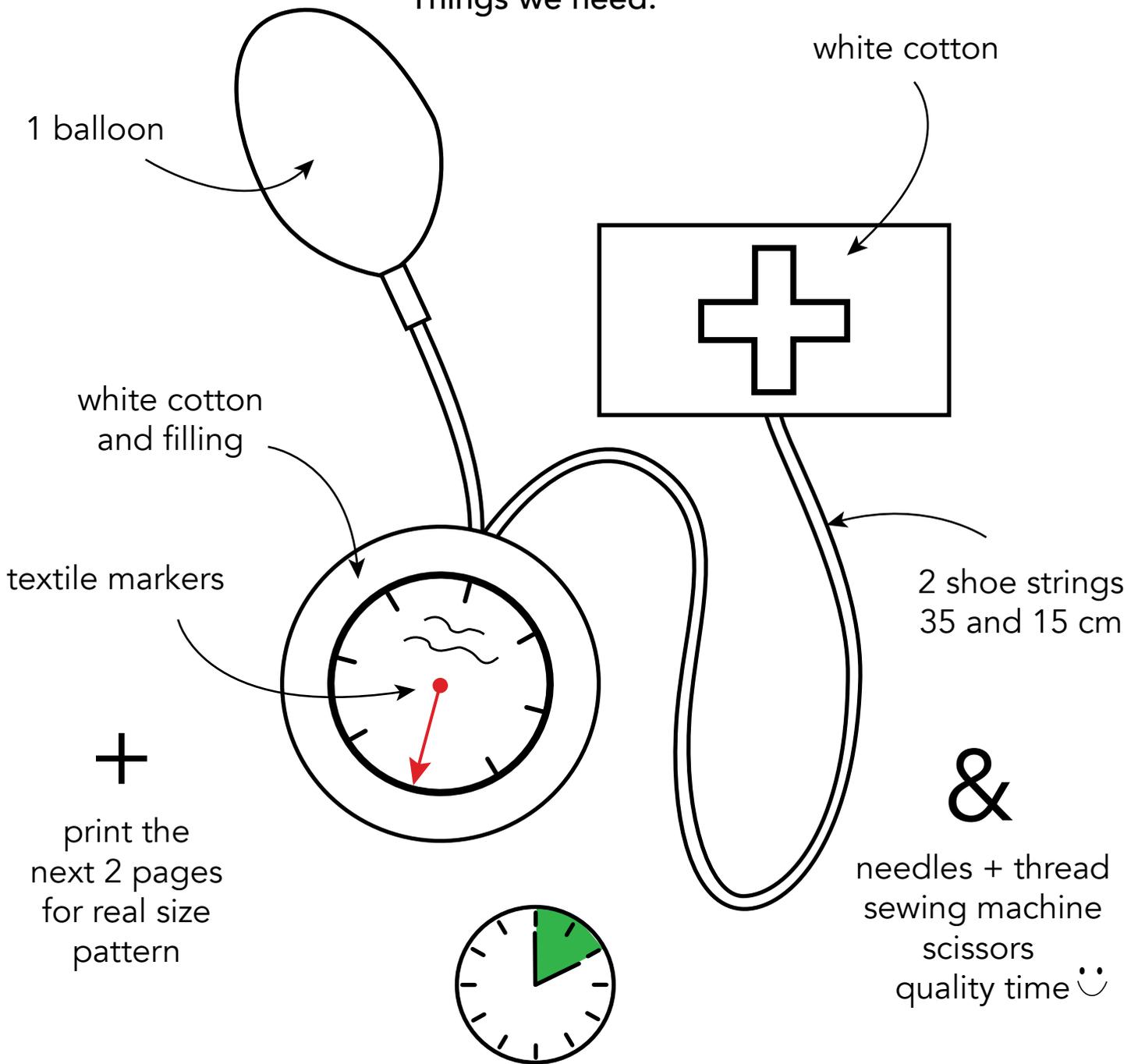
Let's make a sphygmomanometer!

Yeah! Wait... a what?

Let's make a blood pressure meter!



Things we need:



about 2 hours
of outrageous fun!

PRINT THIS PAGE
(don't scale)

2

trace thick lines
with textile marker

3

trace outline
with pencil
(do NOT trace
dotted line)

4

color it the way
you like!

7

turn inside out
(knitting needles
can help you out here)

5

cut out the shape
on the pencil line

8

fill it up nice and tight
(again knitting needles
can help you out here)

6

stitch at 0,5cm
from edge (as wide as most
presser feet)
leave open at *

9

put the 2 shoestring in at *
and close by hand

PRINT THIS PAGE
(don't scale)

10

trace thick lines
with textile marker

11

trace outline
with pencil
(do NOT trace
dotted line)

12

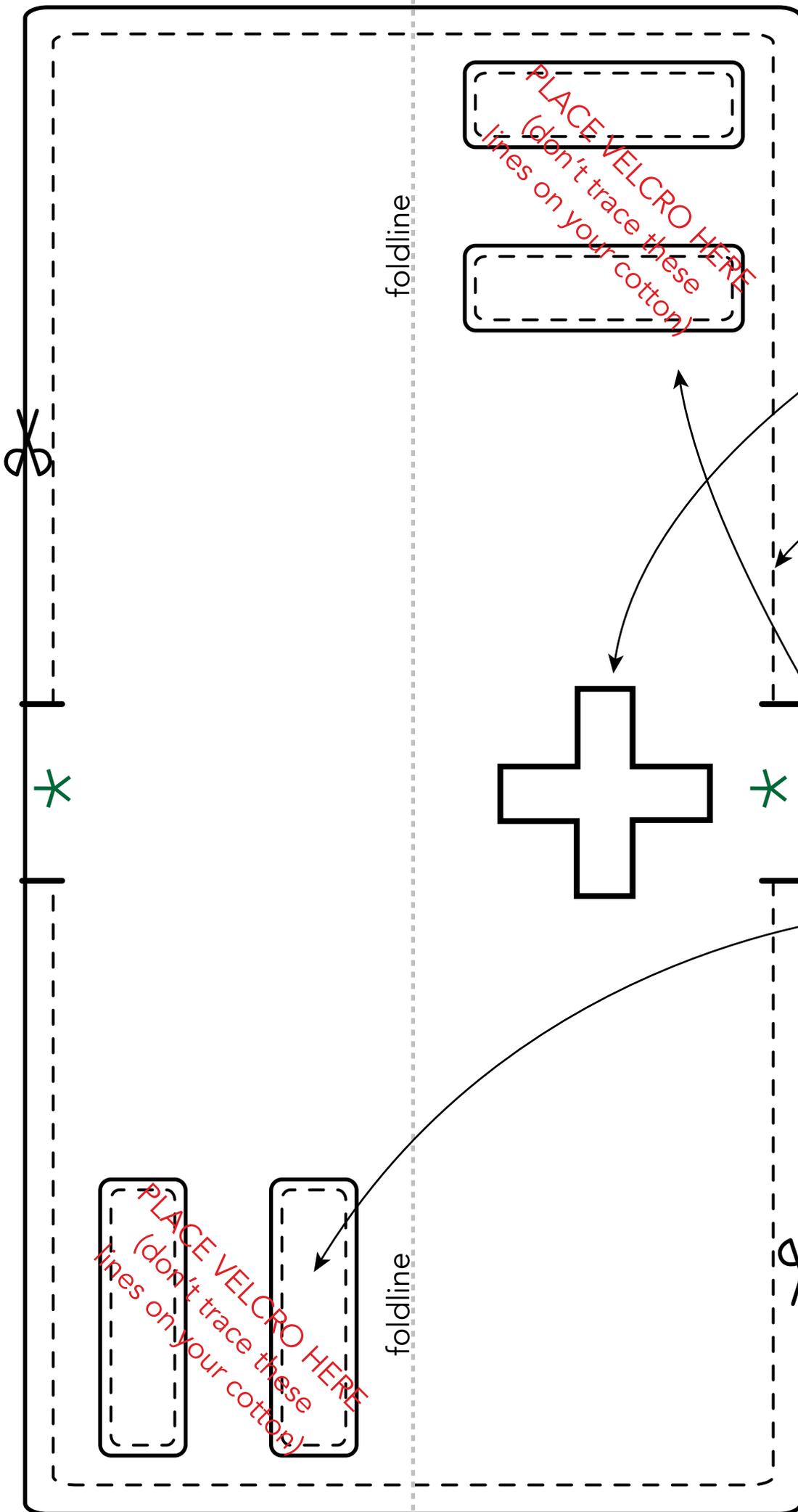
attach velcro

13

color it the way
you like!

14

cut out the shape
on the pencil line
fold on foldline
and put good side
on good side



15

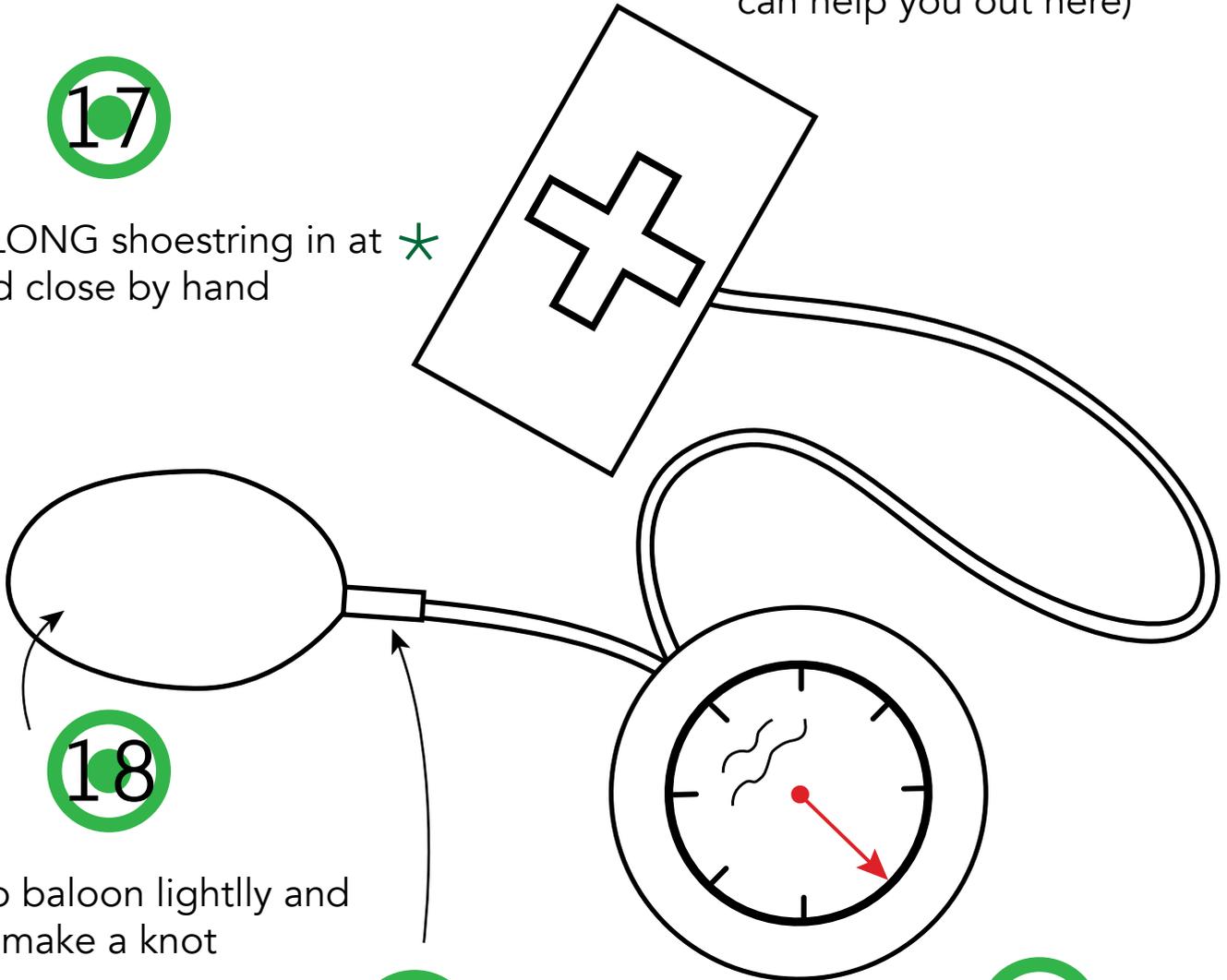
stitch at 0,5cm
from edge (as wide as most
presser feet)
leave open at *

16

turn inside out
(knitting needles
can help you out here)

17

put the LONG shoestring in at *
and close by hand



18

blow up baloon lightlly and
make a knot

19

attach to other end of SHORT
shoestring with tape

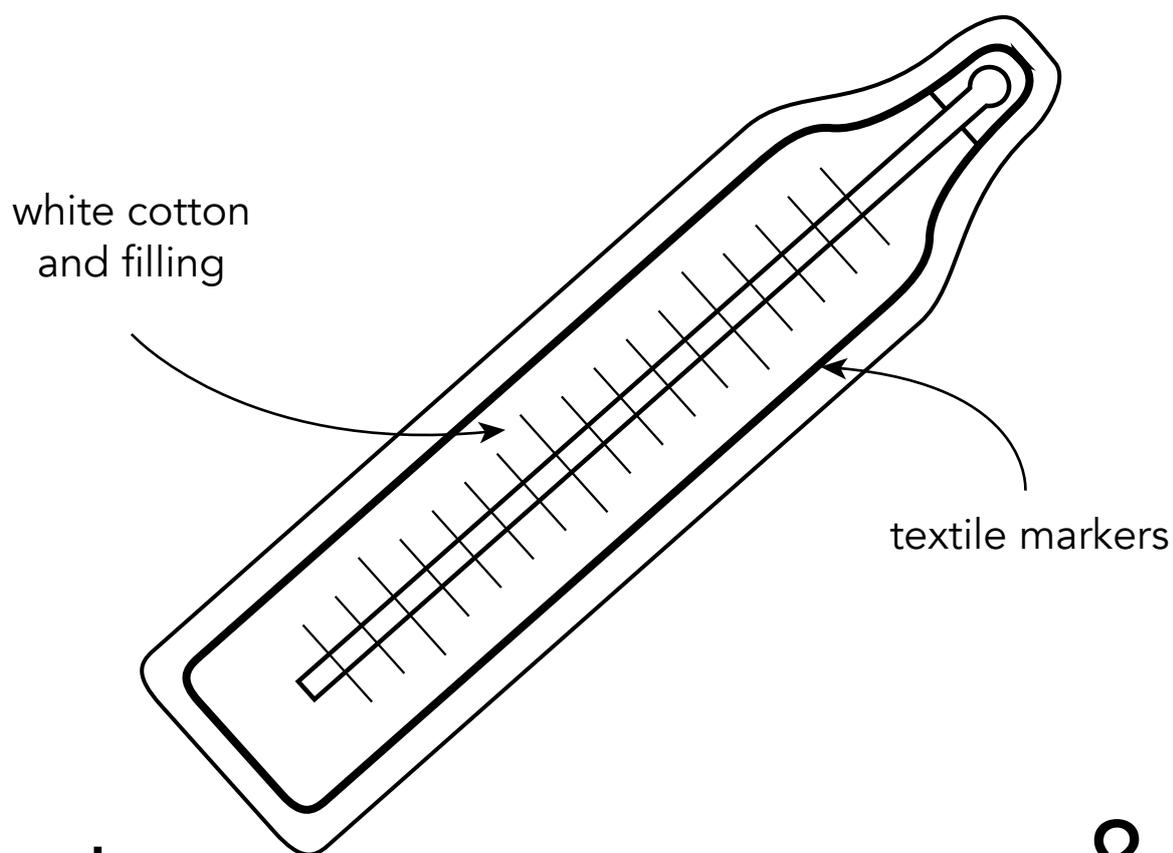
20

YOU ARE DONE!
WOHOOO!

Let's make a thermometer!



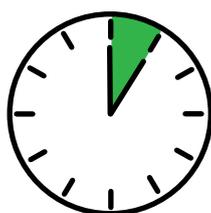
Things we need:



print the
next page
for real size
pattern



needles + thread
sewing machine
scissors
good mood 😊



about 1 hour
together time!

PRINT THIS PAGE
(don't scale)

2

trace thick lines
with textile marker

3

trace outerlines
with pencil
(do NOT trace
dotted line)

4

color it the way
you like!

5

cut out the shapes
on the pencil line

6

put good side
on good side

7

stitch at 0,5cm from edge
(as wide as most presser feet)
leave open at *

11

YOU ARE DONE!
WOHOOO!

10

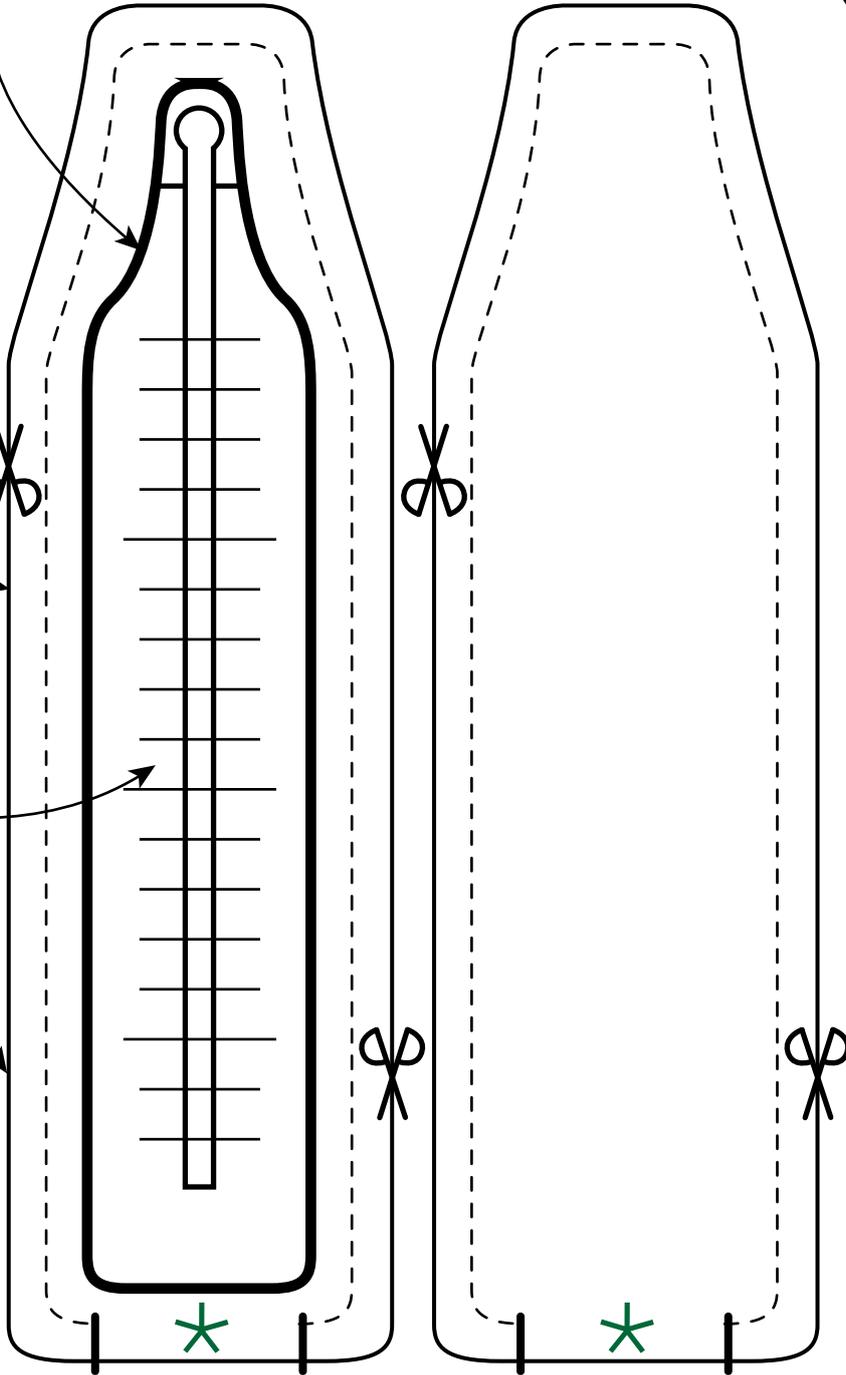
close by hand
at *

9

fill it up nice
and tight
(again knitting
needles can help
you out here)

8

turn inside out
(knitting needles
can help you
out here)

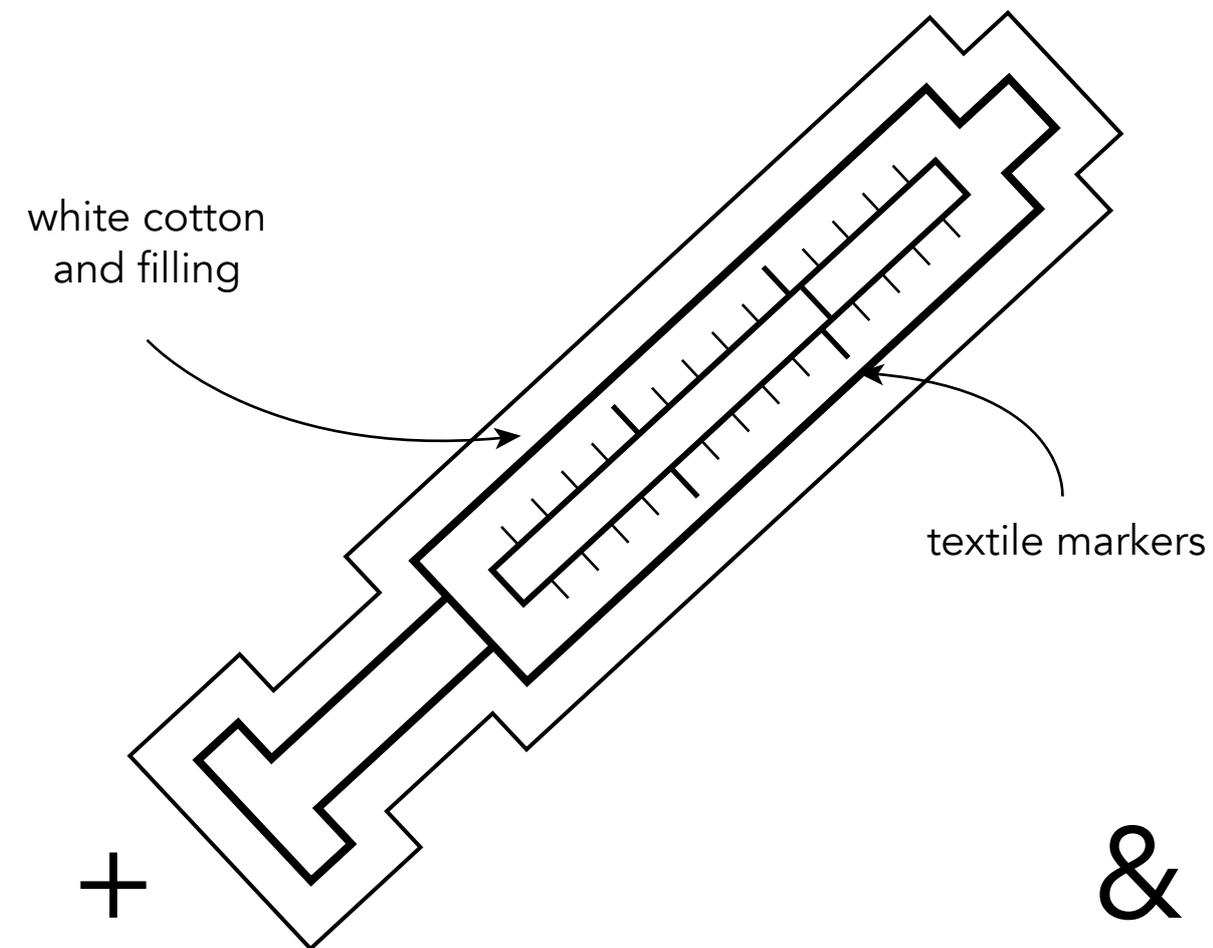


Let's make a seringe!

don't worry this one won't hurt you

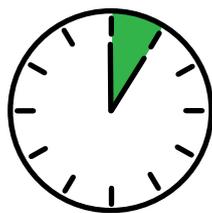


Things we need:



+
print the
next page
for real size
pattern

&
needles + thread
sewing machine
scissors
good mood 😊



about 1 hour
together time!

PRINT THIS PAGE
(don't scale)

2

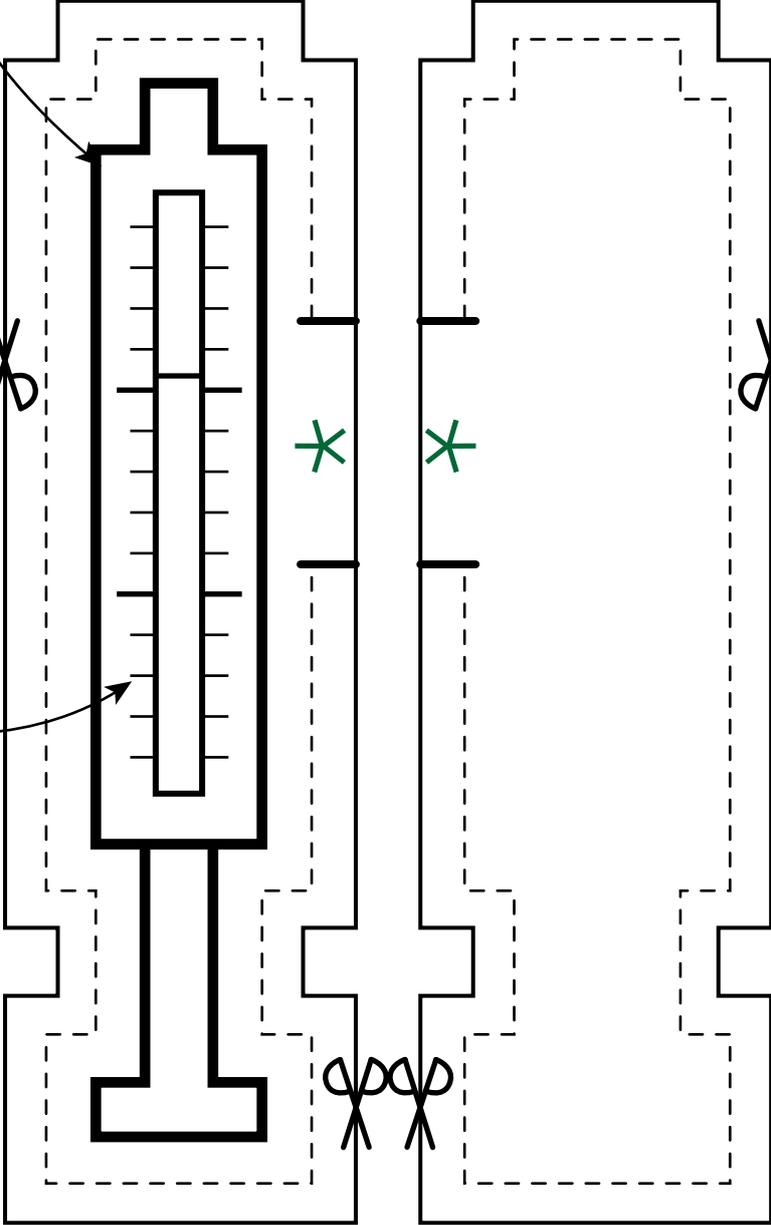
trace thick lines
with textile marker

11

YOU ARE DONE!
WOHOOO!

3

trace outerlines
with pencil
(do NOT trace
dotted line)



10

close by hand
at *

4

color it the way
you like!

9

fill it up nice
and tight
(again knitting
needles can help
you out here)

5

cut out the shapes
on the pencil line

8

turn inside out
(knitting needles
can help you
out here)

6

put good side
on good side

7

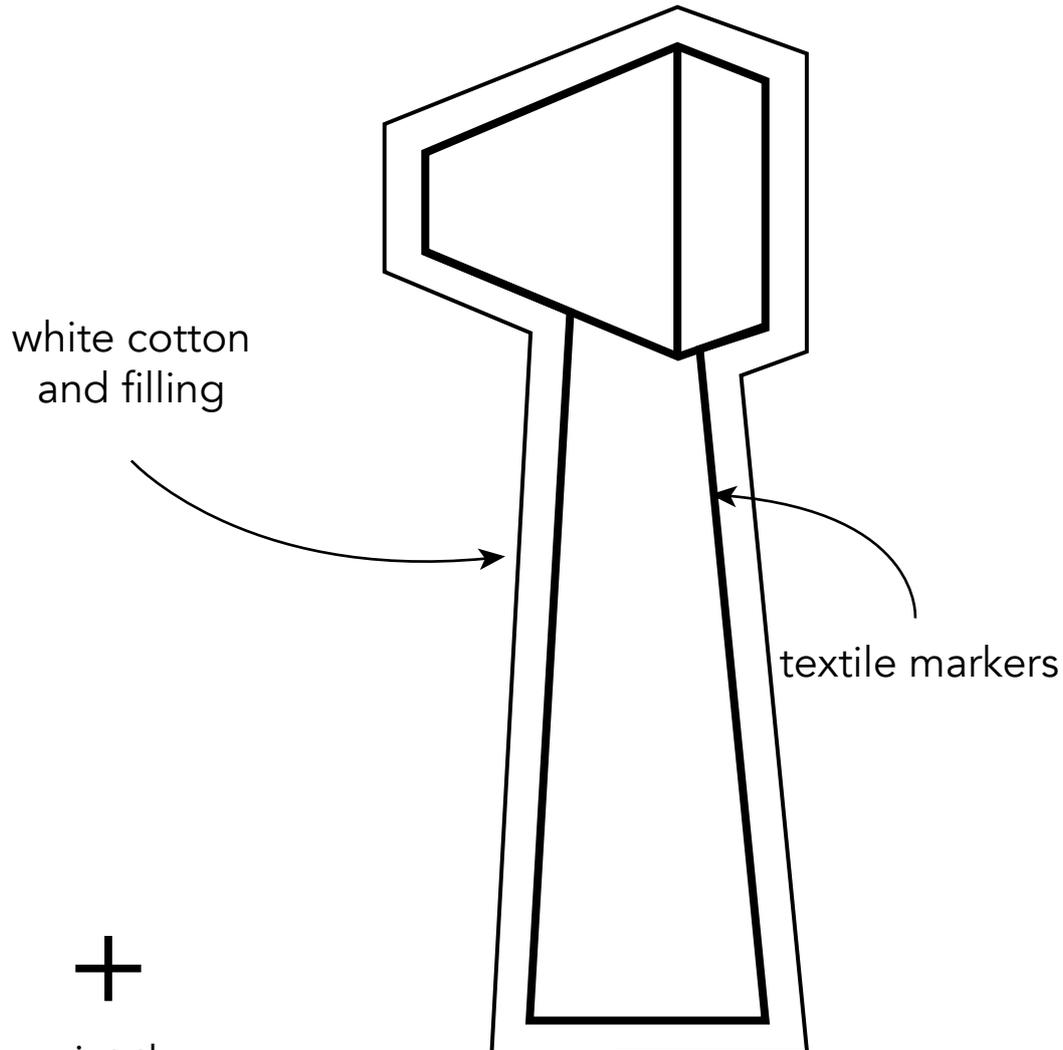
stitch at 0,5cm from edge
(as wide as most presser feet)
leave open at *

let's make a otoscope!

say what? one of those look-in-your-ear things

1

Things we need:



white cotton
and filling

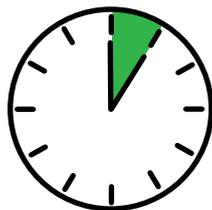
textile markers

+

print the
next page
for real size
pattern

&

needles + thread
sewing machine
scissors
yay-attitude 😊 ✨



about 1 hour
of bliss!

PRINT THIS PAGE
(don't scale)

8

turn inside out (knitting needles
can help you out here)

9

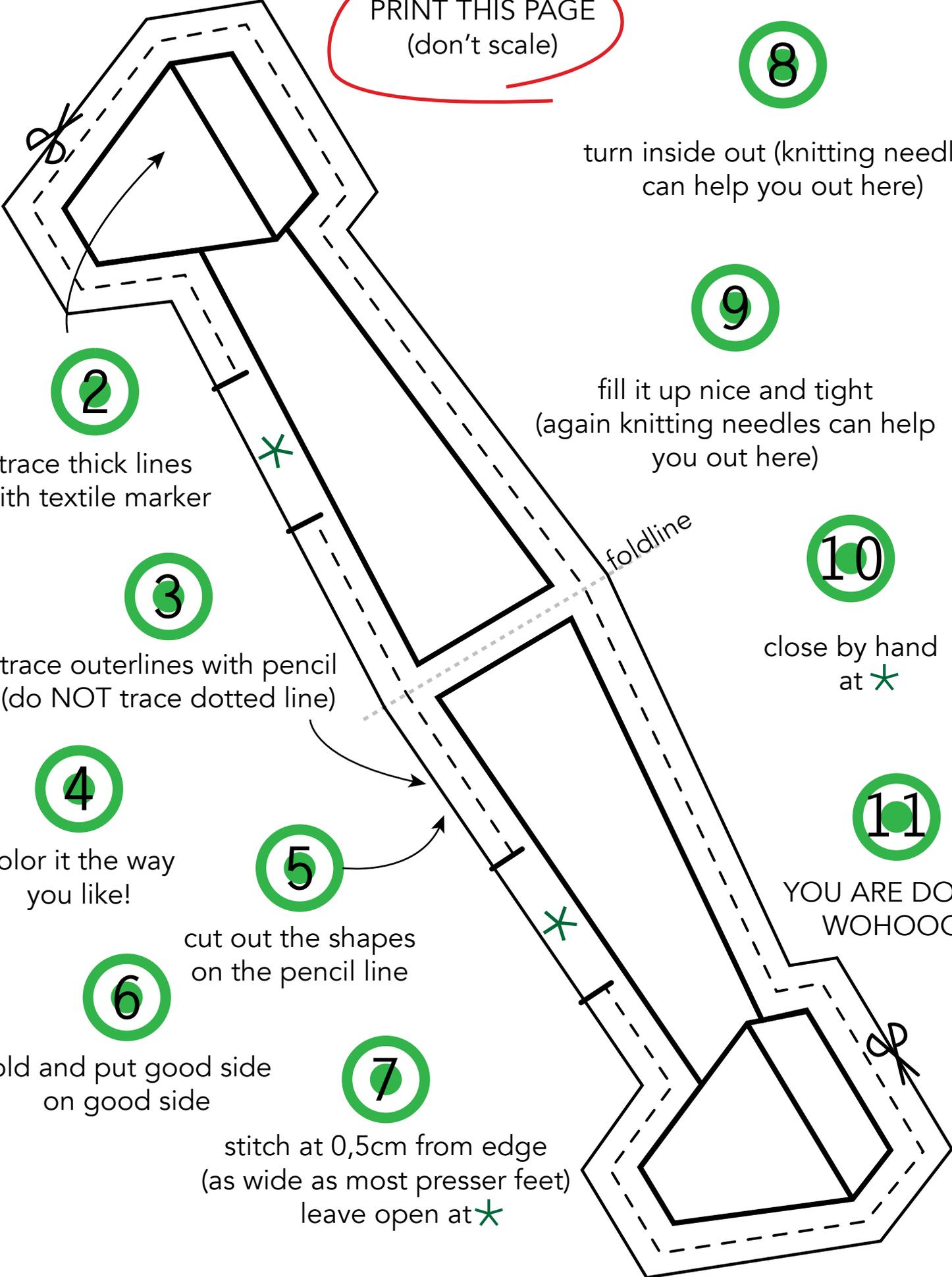
fill it up nice and tight
(again knitting needles
can help you out here)

10

close by hand
at *

11

YOU ARE DONE!
WOHOOO!



2
trace thick lines
with textile marker

3

trace outerlines with pencil
(do NOT trace dotted line)

4

color it the way
you like!

5

cut out the shapes
on the pencil line

6

fold and put good side
on good side

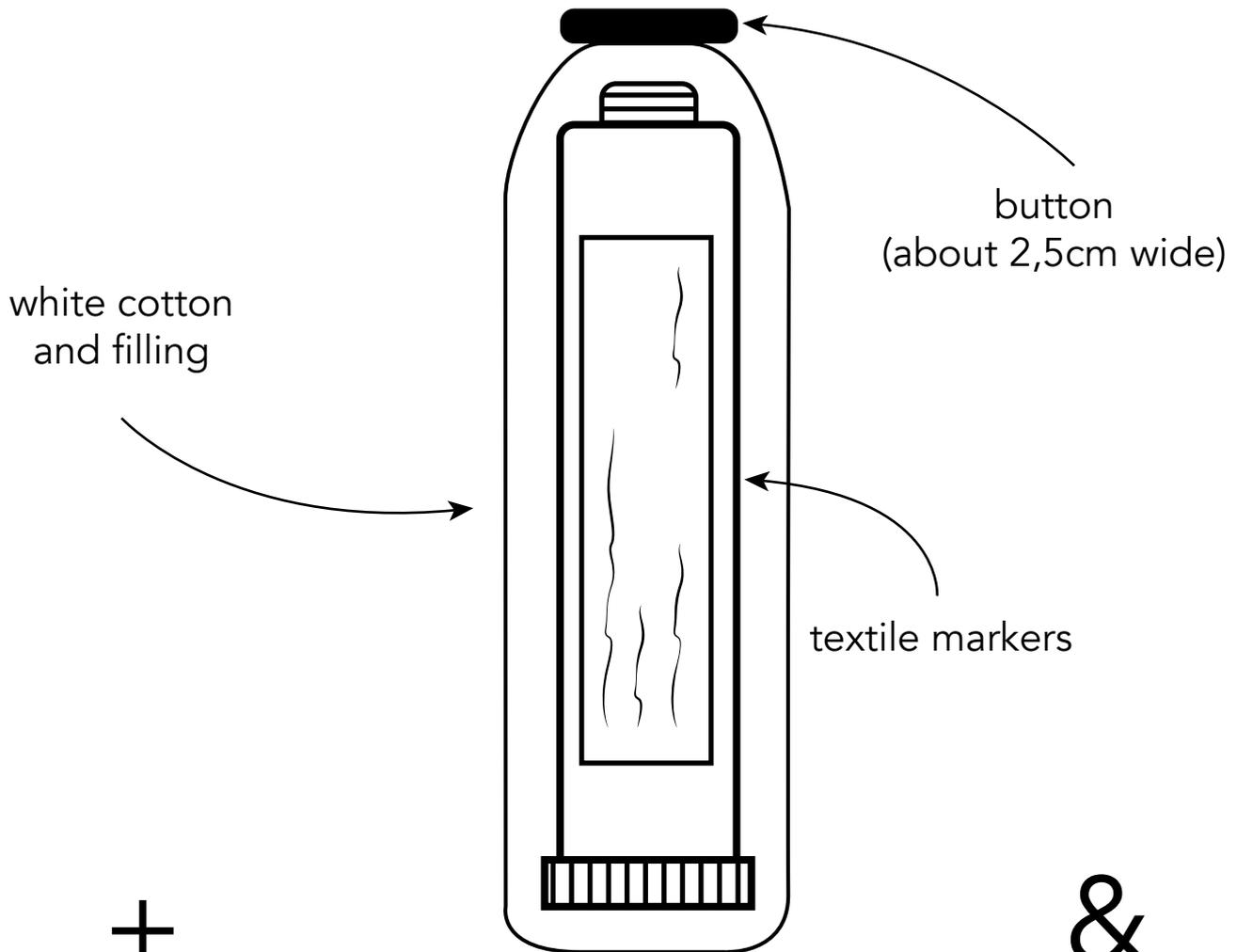
7

stitch at 0,5cm from edge
(as wide as most presser feet)
leave open at *

let's make a healing lotion!

1

Things we need:

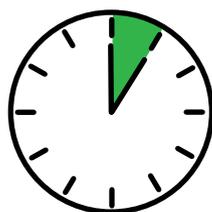


+

print the
next page
for real size
pattern

&

needles + thread
sewing machine
scissors
good mood 😊



about 1 hour
of hapiness!

PRINT THIS PAGE
(don't scale)

2

trace thick lines
with textile marker

3

trace outerlines with pencil
(do NOT trace dotted line)

4

color it the way
you like!

5

cut out the shapes
on the pencil line

6

fold and put good side
on good side

7

stitch at 0,5cm from edge
(as wide as most presser feet)
leave open at *

8

turn inside out
(knitting needles
can help you out here)

9

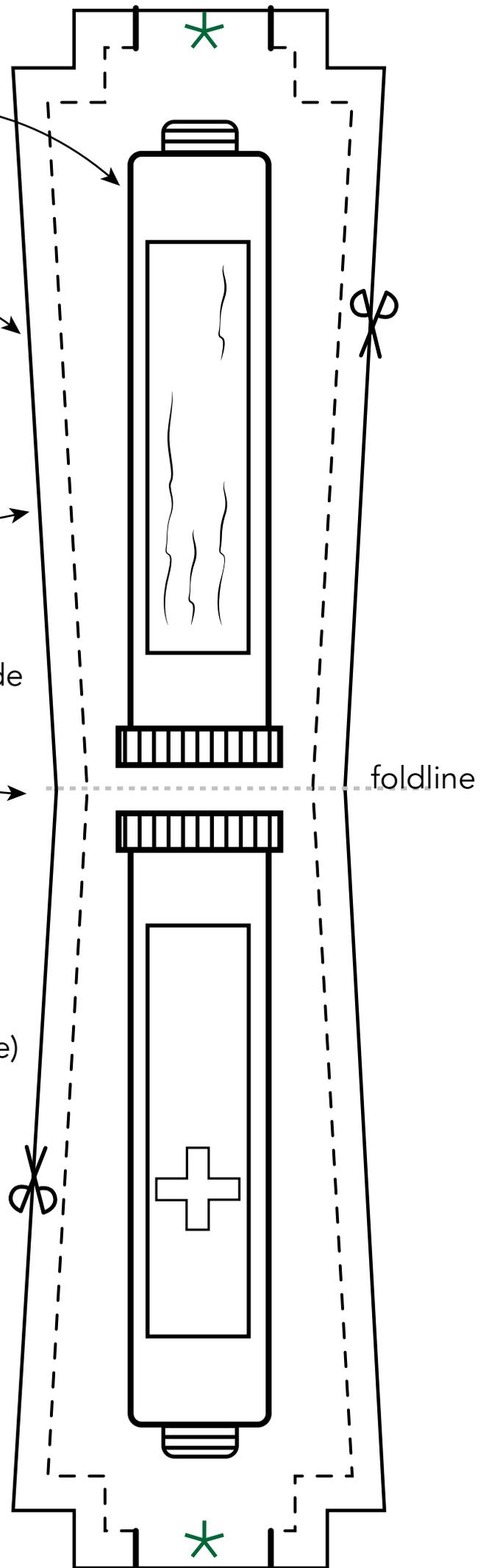
fill it up nice and tight
(again knitting needles can help
you out here)

10

close by hand
at *
and attach button
on top

11

YOU ARE DONE!
WOHOOO!

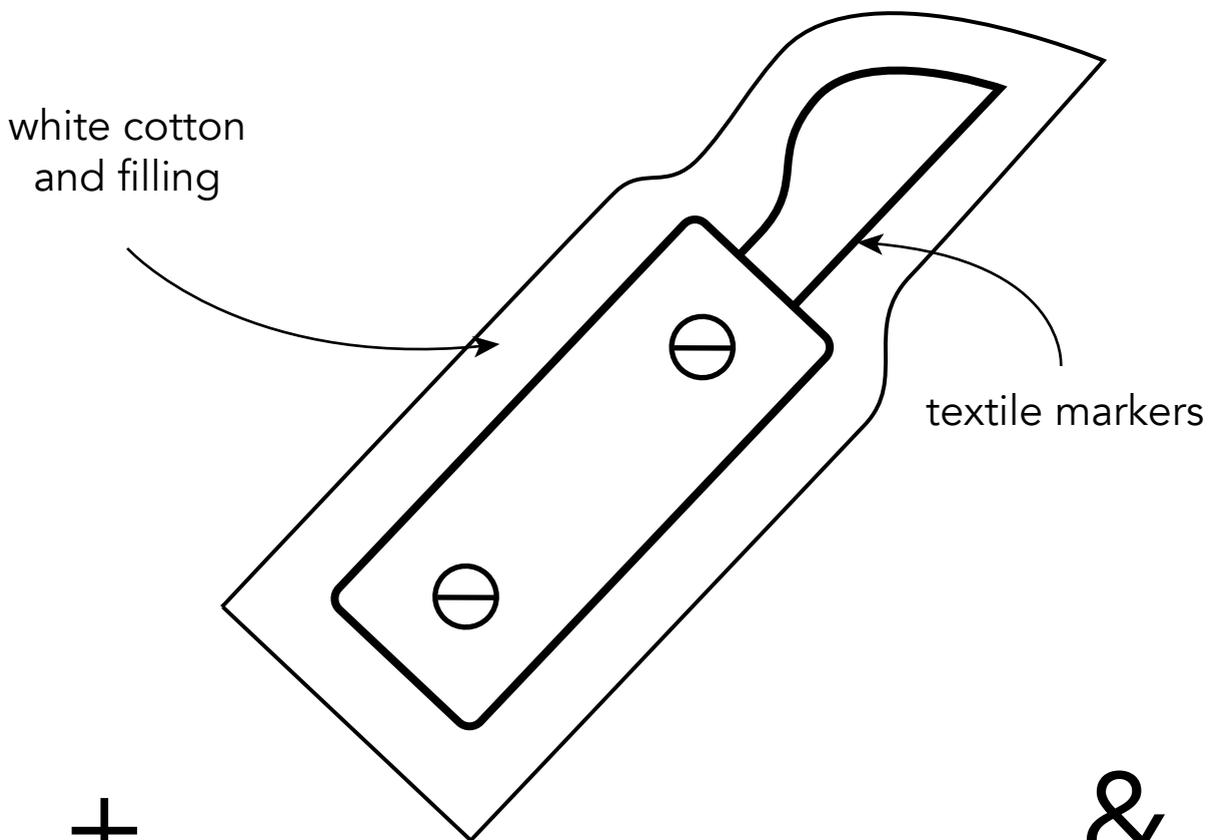


let's make a surgical knife!

waaaaaaaaaaaaaaaaah!



Things we need:

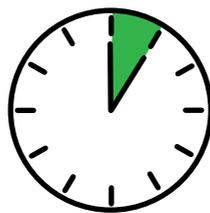


+

print the
next page
for real size
pattern

&

needles + thread
sewing machine
scissors
no fear 😊



about 1 hour
together time!

PRINT THIS PAGE
(don't scale)

2

trace thick lines
with textile marker

3

trace outerlines with
pencil
(do NOT trace
dotted line)

4

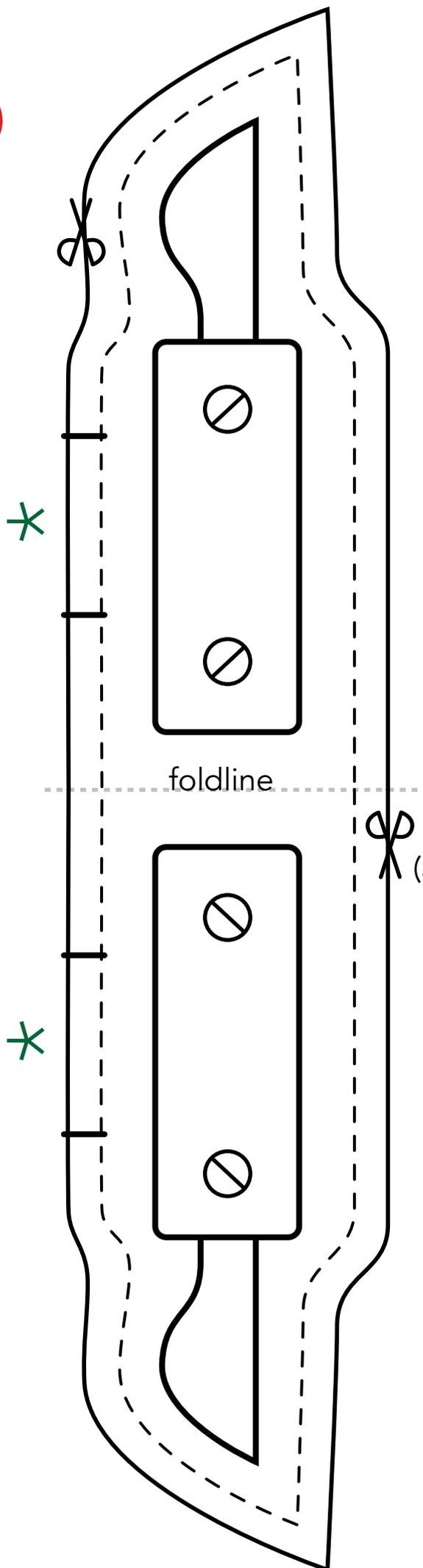
color it the way
you like!

5

cut out the shapes
on the pencil line

6

fold and put good
side on good side



7

stitch at 0,5cm
from edge
(as wide as most
presser feet)
leave open at *

8

turn inside out
(knitting needles
can help you out here)

9

fill it up nice and tight
(again knitting needles
can help you out here)

10

close by hand
at *

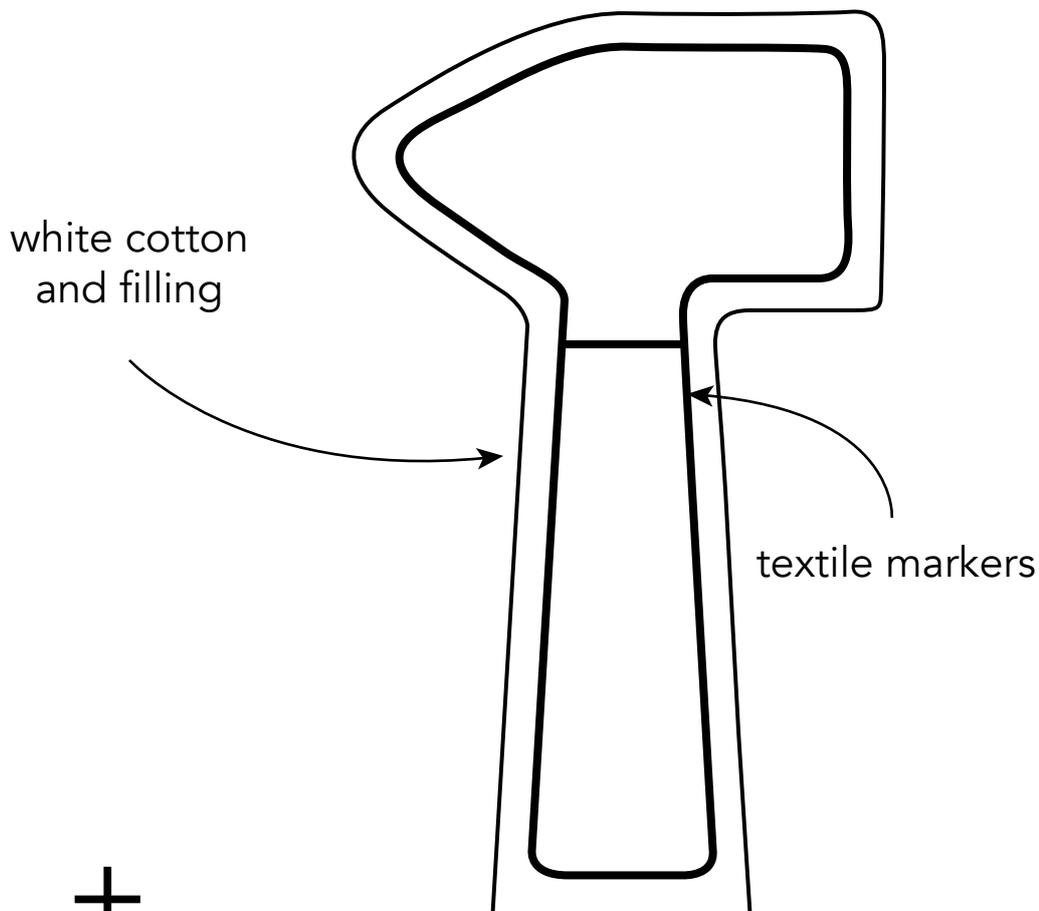
11

YOU ARE DONE!
WOHOOO!

let's make a reflex hammer!



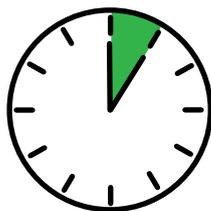
Things we need:



print the
next page
for real size
pattern



needles + thread
sewing machine
scissors
fierceness 😊



about 1 hour
of fun!

PRINT THIS PAGE
(don't scale)

2

trace thick lines
with textile marker

3

trace outerlines with
pencil
(do NOT trace
dotted line)

4

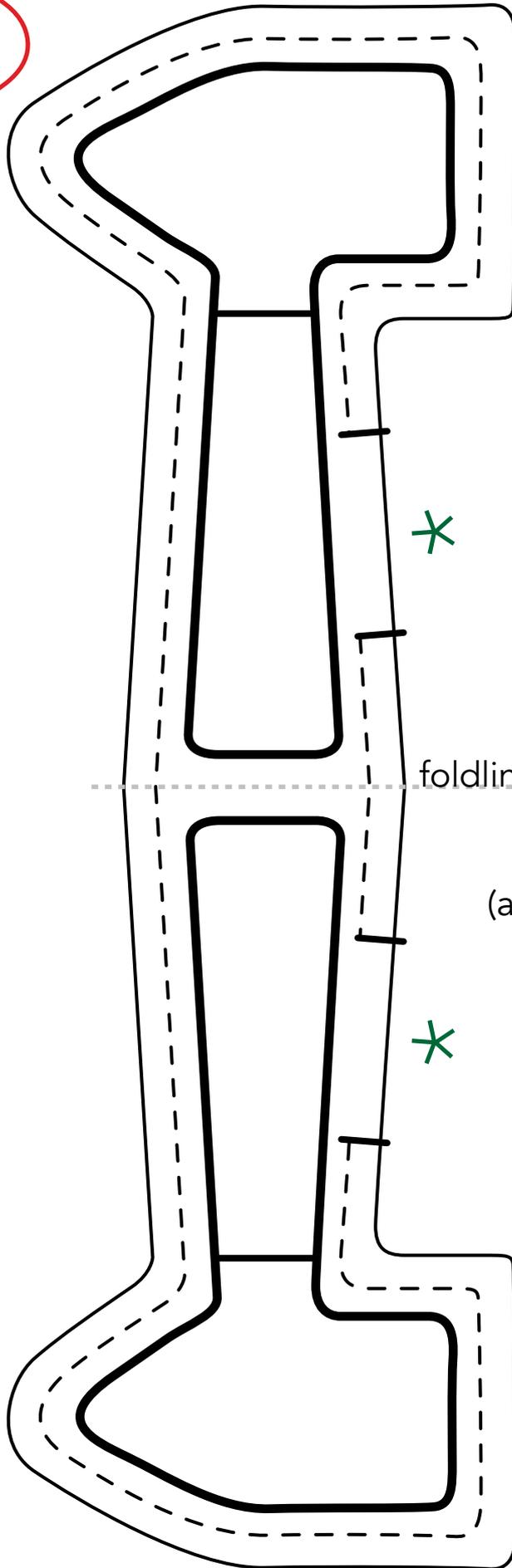
color it the way
you like!

5

cut out the shapes
on the pencil line

6

fold and put good
side on good side



7

stitch at 0,5cm
from edge
(as wide as most
presser feet)
leave open at *

8

turn inside out
(knitting needles
can help you out here)

9

fill it up nice and tight
(again knitting needles
can help you out here)

10

close by hand
at *

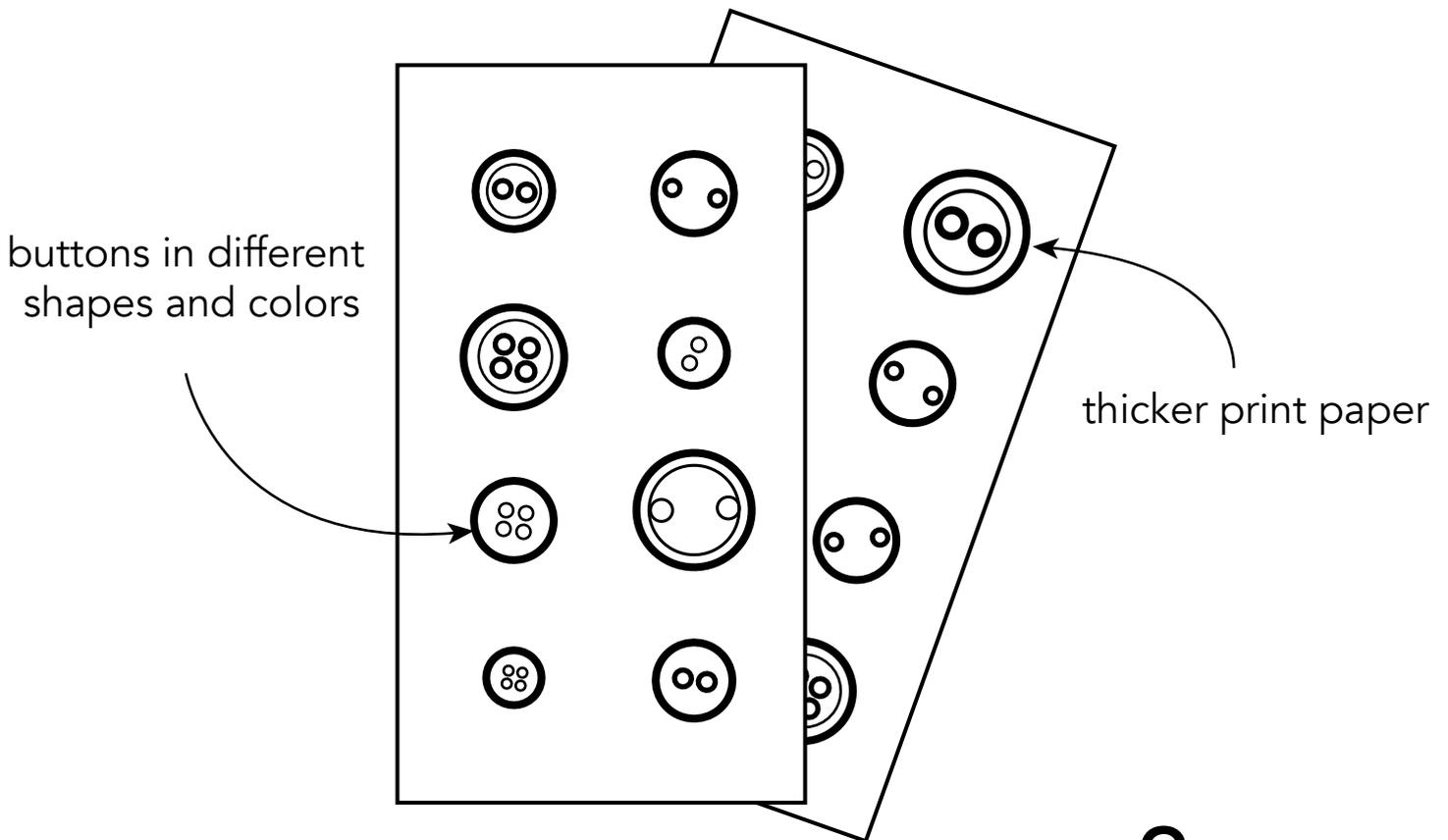
11

YOU ARE DONE!
WOHOOO!

let's make a medicine!

1

Things we need:



buttons in different shapes and colors

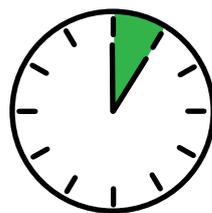
thicker print paper

+

print the next page for real size pattern

&

needles + thread
sewing machine
scissors
needle+thread skills 😊



about 1 hour making things!

PRINT THIS PAGE
(don't scale)

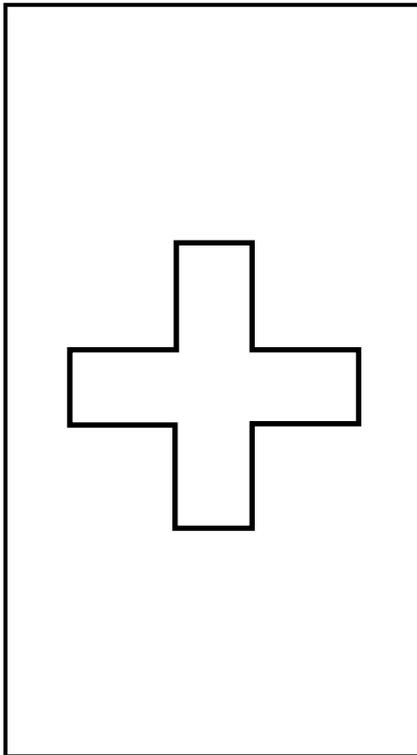
2

print this page
on heavier paper

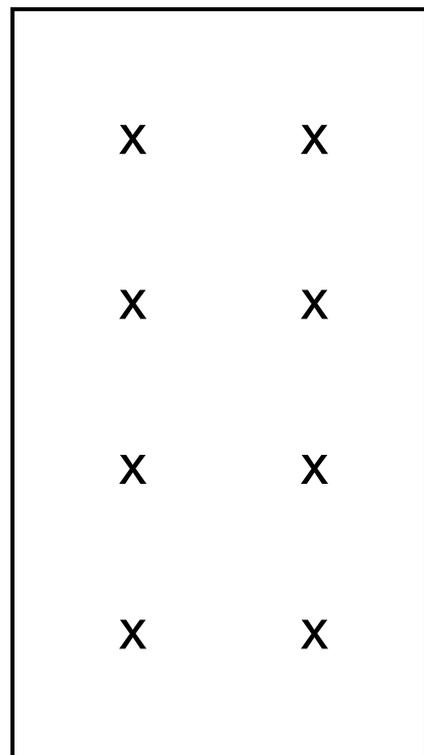
3

cut out squares

A



B



4

color A the way
you like!

5

sew buttons on B
(make sure they are tight and
won't come off, secure with
tape on backside)

6

glue A and B
together
AND YOU ARE DONE!
oh yeah!

DONE?

yay!

let's

PLAY

#POWERTOHEARTISANS



#BOBBINHOOD